



Four Agreements for Intimate Relationships

These agreements are the foundation for a healthy balance in a committed relationship with a life partner. We've discovered that these agreements bring us a sense of stability and balance, even when the world around us becomes confusing. They sound very simple, but are profound and practical when put into action.

The Four Agreements

We put our relationship first.

Nothing comes between us.

Everything we have, we have together.

Leaving is not an option.